



# **The First Sunday in Lent**

**1928 BCP Morning Prayer**

**Sunday, February 22, 2026 + 10 AM**  
**St. John's Chapel, Del Monte**

# Welcome to St. John's Chapel!

*We are glad that you are worshipping with us this morning and pray that your experience here is a blessing to you. If you are a visitor, please fill out a Connection Card (pew rack) and place it in the offering plate or hand it to an usher. Let this bulletin be your guide through the service; it includes everything you need.*

*The Forty Days of Lent began on Ash Wednesday and end at Palm Sunday. During this season we are invited “to an observance of a holy Lent, by self-examination, and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God’s Holy Word.”*

*Please stay for coffee in the Parish Hall after the service.*

***Throughout the service the People read the words in bold italics.***

## **PRELUDE**

***All stand as able***

**HYMN 55 *Forty days and forty nights***

*Solemnly*

4 So shall we have peace divine:  
Holier gladness ours shall be;  
Round us, too, shall angels shine,  
Such as ministered to thee.

5 Keep, O keep us, Saviour dear,  
Ever constant by thy side;  
That with thee we may appear  
At the eternal Eastertide. Amen.

GEORGE HUNT SMYTTAN, 1856, alt.

## OPENING SENTENCES

*The people standing as able. The Officiant shall begin the Morning Prayer by reading the following*

The Lord is in his holy temple: let all the earth  
keep silence before him.

I was glad when they said unto me, we will go into  
the house of the Lord.

Let the words of my mouth, and the meditation of  
my heart, be always acceptable in thy sight, O  
Lord, my strength and my redeemer.

## SEASONAL SENTENCES: Lent

Rend your heart, and not your garments, and turn unto the Lord your God: for he is gracious and merciful, slow to anger, and of great kindness, and repenteth him of evil.

*Joel 2:13*

*All kneeling as able, the Officiant says*

### THE DECALOGUE

GOD spake these words, and said: I am the LORD thy God; Thou shalt have none other gods but me.

*People*



Lord, have mer-cy up - on us, and in - cline our hearts to keep this law.

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them;

*People sing response*

Thou shalt not take the Name of the LORD thy God in vain;

*People sing response*

Remember that thou keep holy the Sabbath-day.

*People sing response*

Honour thy father and thy mother;

*People sing response*

Thou shalt do no murder.

*People sing response*

Thou shalt not commit adultery.

*People sing response*

Thou shalt not steal.

*People sing response*

Thou shalt not bear false witness against thy neighbour.

*People sing response*

Thou shalt not covet.

*After the 10th Commandment*

Lord, have mer - cy up - on us, and write all these thy laws in our  
hearts, we be - seech thee.

Hear what our Lord Jesus Christ saith.

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it; Thou shalt love thy neighbour as thyself. On these two commandments hang all the Law and the Prophets.

## KYRIE

Lord, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Lord, . . . have mer - cy up - on us.

O Almighty Lord, and everlasting God, vouchsafe, we beseech thee, to direct, sanctify, and govern, both our hearts and bodies, in the ways of thy laws, and in the works of thy commandments; that, through thy most mighty protection, both here and ever, we may be preserved in body and soul; through our Lord and Saviour Jesus Christ. **Amen.**

## GENERAL CONFESION

*Then the Officiant shall say*

Let us humbly confess our sins unto Almighty God.

*To be said by the whole congregation, all kneeling*

*Almighty and most merciful Father; We have erred, and strayed from thy ways like lost sheep. We have followed too much the devices and desires of our own hearts. We have offended against thy holy laws. We have left undone those things which we ought to have done; And we have done those things which we ought not to have done; And there is no health in us. But thou, O Lord, have mercy upon us, miserable offenders. Spare thou those, O God, who confess their faults. Restore thou those who are penitent; According to thy promises declared unto mankind In Christ Jesus our Lord. And grant, O most merciful Father, for his sake; That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. Amen.*

## ABSOLUTION

*People kneeling as able, the Officiant says*

The Almighty and merciful Lord grant us absolution and remission of all our sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. *Amen.*

*All standing as able*

Officiant O Lord open thou our lips.

*People And our mouths shall show forth thy praise.*

Officiant Glory be to the Father, and to the Son, and to the Holy Ghost.

*People As it was in the beginning, is now, and ever shall be, world without end. Amen.*

Officiant Praise ye the Lord.

*People The Lord's name be praised.*

## VENITE, EXULTEMUS DOMINO

*Standing, sung or said by all together*



O come, let us sing unto the Lord; \* let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving;  
\* and show ourselves glad in him with psalms.

For the Lord is a great God; \* and a great King  
above all gods.

In his hand are all the corners of the earth; \* and  
the strength of the hills is his also.

The sea is his, and he made it; \* and his hands  
prepared the dry land.

O come, let us worship and fall down, \* and kneel  
before the Lord our Maker.

For he is the Lord our God; \* and we are the  
people of his pasture, and the sheep of his hand.  
O worship the Lord in the beauty of holiness; \* let  
the whole earth stand in awe of him.

For he cometh, for he cometh to judge the earth; \*  
and with righteousness to judge the world, and the  
peoples with his truth.

Glory be to the Father, and to the Son, \* and to the  
Holy Ghost;

As it was in the beginning, is now, and ever shall  
be, \* world without end. Amen

*Standing as able. Then shall follow a Portion of the  
Psalms. And at the end of the Psalm, shall be sung or  
said the Gloria Patri.*

**PSALM 3 *Domine, quid multiplicati?***

*Reader: We will read Psalm 3 responsively by the whole verse.*

1 Lord, how are they increased that trouble me! \*  
many are they that rise against me.

***2 Many one there be that say of my soul, \* There is no help for him in his God.***

3 But thou, O Lord, art my defender; \* thou art my worship, and the lifter up of my head.

***4 I did call upon the Lord with my voice, \* and he heard me out of his holy hill.***

5 I laid me down and slept, and rose up again; \* for the Lord sustained me.

***6 I will not be afraid for ten thousands of the people, \* that have set themselves against me round about.***

7 Up, Lord, and help me, O my God, \* for thou smitest all mine enemies upon the cheek-bone; thou hast broken the teeth of the ungodly.

***8 Salvation belongeth unto the Lord; \* and thy blessing is upon thy people.***



Glo-ry be to the Fa-ther, and to the Son, and to the Ho-ly Ghost: as it



was in the be-gin-ning, is now and ev-er shall be, world with-out end. A-men, A-men.



*The people sit*

## FIRST LESSON: Ecclesiasticus 2:1-6

*Reader:* A reading from the 2<sup>nd</sup> chapter of the Book of Ecclesiasticus, beginning at the 1<sup>st</sup> verse.

My son, if thou come to serve the Lord, prepare thy soul for temptation.

Set thy heart aright, and constantly endure, and make not haste in time of trouble.

Cleave unto him, and depart not away, that thou mayest be increased at thy last end.

Whatsoever is brought upon thee take cheerfully, and be patient when thou art changed to a low estate.

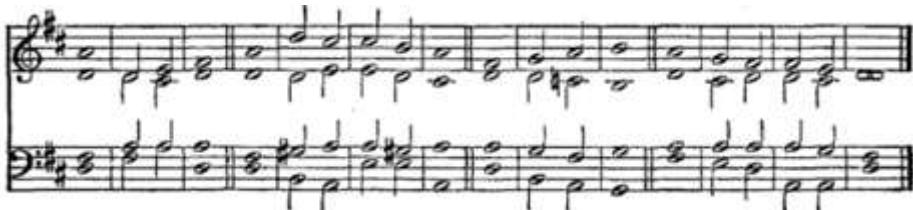
For gold is tried in the fire, and acceptable men in the furnace of adversity.

Believe in him, and he will help thee; order thy way aright, and trust in him.

*Reader:* Here endeth the First Lesson.

*Standing as able, sung or said by all together*

### BENEDICTUS ES, DOMINE



Blessed art thou, O Lord God of our fathers:/\*  
praised and exalted above all for ever.

Blessed art thou for the Name of thy Majesty:/\*  
praised and exalted above all for ever.

Blessed art thou in the temple of thy holiness: \*  
praised and exalted above all for ever.

Blessed art thou that beholdest the depths, and  
dwellest between the Cherubim: \* praised and  
exalted above all for ever.

Blessed art thou on the glorious throne of thy  
kingdom: \* praised and exalted above all for ever.

Blessed art thou in the firmament of heaven: \*  
praised and exalted above all for ever.

Glory be to the Father, and to the Son, \* and to the  
Holy Ghost;

As it was in the beginning, is now, and ever shall  
be, \* world without end. Amen.

*The people sit*

## SECOND LESSON: Romans 7:14-25

*Reader:* A reading from the 7<sup>th</sup> chapter of Paul's  
Letter to the Romans, beginning at the 14<sup>th</sup> verse.

For we know that the law is spiritual: but I am  
carnal, sold under sin.

For that which I do I allow not: for what I would,  
that do I not; but what I hate, that do I.

If then I do that which I would not, I consent unto  
the law that it is good.

Now then it is no more I that do it, but sin that  
dwelleth in me.

For I know that in me (that is, in my flesh,)  
dwelleth no good thing: for to will is present with  
me; but how to perform that which is good I find

not. For the good that I would I do not: but the evil which I would not, that I do.

Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me.

I find then a law, that, when I would do good, evil is present with me.

For I delight in the law of God after the inward man:

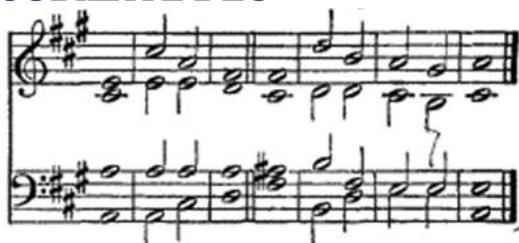
But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. O wretched man that I am! who shall deliver me from the body of this death?

I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin.

*Reader:* Here endeth the Second Lesson.

*Standing as able, sung or said by all together*

**JUBILATE DEO**



Be joyful in the Lord, all ye lands; \* serve the Lord with gladness and come before his presence with a song.

Be ye sure that the Lord he is God; it is he that hath made us and not we ourselves; \* we are his people and the sheep of his pasture.

O go your way into his gates with thanksgiving and into his courts with praise; \* be thankful unto him and speak good of his Name.

For the Lord is gracious; his mercy is everlasting; \* and his truth endureth from generation to generation

Glory be to the Father, and to the Son, \* and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be, \* world without end. Amen.

*The people sit*

### THE GOSPEL LESSON: Matthew 6:1-18

*Reader* A reading from the 6<sup>th</sup> chapter of Matthew, beginning at the 1<sup>st</sup> verse.

Take heed that ye do not your alms before men, to be seen of them: otherwise ye have no reward of your Father which is in heaven.

Therefore when thou doest thine alms, do not sound a trumpet before thee, as the hypocrites do in the synagogues and in the streets, that they may have glory of men. Verily I say unto you, They have their reward.

But when thou doest alms, let not thy left hand know what thy right hand doeth:

That thine alms may be in secret: and thy Father which seeth in secret himself shall reward thee

openly.

And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.

Thy kingdom come, Thy will be done in earth, as it is in heaven.

Give us this day our daily bread.

And forgive us our debts, as we forgive our debtors.

And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

For if ye forgive men their trespasses, your heavenly Father will also forgive you:

But if ye forgive not men their trespasses, neither will your Father forgive your trespasses.

Moreover when ye fast, be not, as the hypocrites,

of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward.

But thou, when thou fastest, anoint thine head, and wash thy face;

That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.

*Reader* Here endeth the Gospel Lesson.

*All standing as able*

**HYMN 694 God be in my head**

*Hymnal 1982*

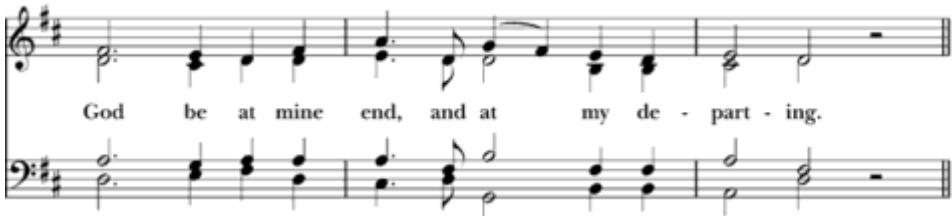


God be in my head, and in my un - der - stand - ing;

God be in mine eyes, and in my look - ing;

God be in my mouth, and in my speak - ing;

God be in my heart, and in my think - ing;



*The people sit*

## SERMON

*All stand as able and say together*

## APOSTLES' CREED

*I believe in God the Father Almighty, Maker of heaven and earth: And in Jesus Christ his only Son our Lord: Who was conceived by the Holy Ghost, Born of the Virgin Mary: Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead: He ascended into heaven, And sitteth on the right hand of God the Father Almighty: From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost: The holy Catholic Church; The Communion of Saints: The Forgiveness of sins: The Resurrection of the body: And the Life everlasting. Amen.*

## ANNOUNCEMENTS *Please be seated*

## BIRTHDAYS & ANNIVERSARIES

### *Birthday Prayer*

*Watch over your child/children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their heart may your peace which passes all*

*understanding abide all the days of their life; through Jesus Christ our Lord. Amen.*

### *Anniversary Prayer*

*God of peace, your love is generous and reaches out to hold us all in your embrace. We pray now for the couple(s) before us, committed to each other in love. Fill their hearts with tenderness. Stay with them as they travel through good times, through trouble, or through change. Bless their home, their partings, and their meetings. Make them worthy of each other's best and tender with each other's dreams. May they always trust in your love. Amen.*

### *Prayer for Safe Travel*

*Living God, the creator of all there is and whose presence we find wherever we go: preserve those who travel; surround them with your loving care; guard them from all that may harm them: and bring them in safety and joy to their journey's end. Amen.*

## **OFFERTORY**

*Officiant* Remember the words of our Lord Jesus Christ who said it is more blessed to give than to receive.

**HYMN 140 *Praise to God, immortal praise***  
**Sung while seated**

*Joyfully*

1 Praise to God, im - mor - tal praise, For the love that crowns our days;  
 2 All the plen - ty sum - mer pours; Au-tumn's rich o'er - flow - ing stores;  
 3 Peace, pros - per - i - ty, and health, Pri - vate bliss, and pub - lic wealth,

Boun - teous source of ev - 'ry joy, Let thy praise our tongues em - ploy:  
 Flocks that whi - ten all the plain; Yel - low sheaves of ri - pen'd grain:  
 Knowl - edge with its glad-d'ning streams, Pure re - li - gion's ho - lier beams:

All to thee, our God, we owe, Source whence all our bless - ings flow.  
 Lord, for these our souls shall raise Grate - ful vows and sol - emn praise.  
 Lord, for these our souls shall raise Grate - ful vows and sol - emn praise. A-men.

4 As thy prosp'ring hand hath blest,  
 May we give thee of our best;  
 And by deeds of kindly love  
 For thy mercies grateful prove;  
 Singing thus through all our days  
 Praise to God, immortal praise. Amen.

## DOXOLOGY HYMN 139 *Standing as able*

**P**RAISE God, from whom all blessings flow;  
Praise him, all creatures here below;  
Praise him above, ye heavenly host:  
Praise Father, Son, and Holy Ghost. Amen.

## AMERICA HYMN 141, v. 4

4 Our fathers' God, to thee,  
Author of liberty,  
To thee we sing;  
Long may our land be bright  
With freedom's holy light;  
Protect us by thy might,  
Great God, our King. Amen.

## OFFERTORY PRAYER

*All standing as able, the Officiant takes the alms basin, stands in front of the altar, lifting the alms basin says*

Officiant All things come of thee, O Lord, and of thine own have we given thee.

*After which the people kneeling, the Officiant says*

Officiant The Lord be with you.  
Answer *And with thy spirit.*

Officiant Let us pray.

*All kneeling as able, all pray together*

## THE LORD'S PRAYER

*Our Father, who art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be done, On earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation, But deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.*

## SUFFRAGES

Officiant O Lord show thy mercy upon us.

*Answer And grant us thy salvation.*

Officiant O God, make clean our hearts within us.

*Answer And take not thy Holy Spirit from us.*

## COLLECTS AND PRAYERS

### *Collect for the Day*

O Lord, who for our sake didst fast forty days and forty nights; Give us grace to use such abstinence, that, our flesh being subdued to the Spirit we may ever obey thy godly motions in righteousness, and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. *Amen.*

*A Collect for Peace*

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom; Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries, through the might of Jesus Christ our Lord. ***Amen.***

*A Collect for Grace*

O Lord, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day; Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings, being ordered by thy governance, may be righteous in thy sight; through Jesus Christ our Lord. ***Amen.***

*A Prayer for The President of the United States,  
and all in Civil Authority*

O Lord, our Governor, whose glory is in all the world; we commend this nation to thy merciful care, that being guided by thy Providence, we may dwell secure in thy peace. Grant to THE PRESIDENT OF THE UNITED STATES, and to all in authority, wisdom and strength to know and to do thy will. Fill them with the love of truth and righteousness; and make them every mindful of their calling to serve this people in thy fear; through Jesus Christ our Lord, who liveth and reigneth with thee and

the Holy Ghost, one God, world without end.  
**Amen.**

*A Prayer for the Clergy and People*

Almighty and everlasting God, from whom cometh every good and perfect gift; Send down upon our Bishops, and other Clergy, and upon the Congregations committed to their charge, the healthful Spirit of thy grace; and, that they may truly please thee, pour upon them the continual dew of thy blessing. Grant this, O Lord, for the honour of our Advocate and Mediator, Jesus Christ. **Amen.**

*A Prayer for all Conditions of Men*

O God, the Creator and Preserver of all mankind, we humbly beseech thee for all sorts and conditions of men; that thou wouldest be pleased to make thy ways known unto them, thy saving health unto all nations. More especially we pray for thy holy Church universal; that it may be so guided and governed by thy good Spirit, that all who profess and call themselves Christians may be led into Morning Prayer the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life. Finally, we commend to thy fatherly goodness all those who, are any ways afflicted, or distressed, in mind, body, or estate;

*We pray especially for:* Tricia, Devon, Brooke, Collin, June, Sonny and Diana, Jill, Luke, Gloria,

Nancy, Fr. Vincent, Dean and Monica, Peter, and all those whom we name in our hearts.

*And for those in military service:* Nathan Kobell, the McAteer family, the Brown family, Alex Murray, the Elliot family, the Schaefer family, the Payne family, the LeMaster family, the O'Donnell family, and all others we now name in our hearts.

That it may please thee to comfort and relieve them, according to their several necessities; giving them patience under their sufferings, and a happy issue out of all their afflictions. And this we beg for Jesus Christ's sake. *Amen.*

### *A General Thanksgiving*

#### *All pray together*

*ALMIGHTY God, Father of all mercies, we, thine unworthy servants, do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us, and to all men; We bless thee for our creation, preservation, and all the blessings of this life; but above all, for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful; and that we show forth thy praise, not only with our lips, but in our lives, by giving up our selves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.*

*A Prayer of St. Chrysostom*

***The Officiant says***

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests; Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting. ***Amen.***

**HYMN 61 *The glory of these forty days***

***Standing as able***

1 The glo - ry of these for - ty days We  
2 A - lone and fast - ing Mo - ses saw The  
3 So Dan - iel trained his mys - tic sight, De -  
4 Then grant us, Lord, like them to be Full

cel - e - brate with songs of praise; For Christ, by whom all  
lov - ing God who gave the law; And to E - li - jah,  
liv - er'd from the li - ons' might; And John, the Bride-groom's  
oft in fast and prayer with thee; Our spi - rits strength-en

things were made, Him - self has fast - ed and has prayed.  
fast - ing, came The steeds and char - i - ots of flame.  
friend, be - came The her - ald of Mes - si - ah's name.  
with thy grace, And give us joy to see thy face. A-men.

5 O Father, Son, and Spirit blest,  
To thee be every prayer addrest,  
Who art in threefold Name adored,  
From age to age, the only Lord. Amen.

## DISMISSAL

*Officiant* Go in peace to love and serve the Lord.  
*People* *Thanks be to God.*

## POSTLUDE



## ANNOUNCEMENTS

### Serving Today

**Officiant:** Geoffrey Holland

**Acolyte:** Art Brost

**Lay Reader:** Gail Strandberg

**Usher:** Chibby Ogbuka

**2026 Flower Chart:** If you would like to donate altar flowers in memory or honor of a loved one, please sign up on the flower chart in Parish Hall.

### Upcoming

- **Sunday, March 1,** Holy Communion at 10 AM
- **Sunday, March 8,** Holy Communion at 10 AM
  - + Vestry meets at 11:30 AM, Centennial Hall
  - + Finance meets following Vestry.

**Pastoral Emergency?** Please call the church office (831) 375-4463, or to get in touch with Fr. Rick call (336) 613-2829.

### Staff

**Priest-in-Charge:** The Very Rev. Dr. Richard Miles

**Organist:** Mary Clare Martin

**Parish Administrator:** Cynthia Brown

**Bookkeeper:** Brieanne Goldberg

**Sexton:** Jose Martinez

## Lenten Resources

**The Upper Room** – A devotional guide to help you connect daily with God. The current guide and the guide for March/April are both available in the Narthex and the Parish Hall literature racks.

### Anglican Rosary

The use of the rosary as a focus for contemplative prayer and meditation experienced a revival in the Episcopal Church in the 1980s and a specific rosary for Anglicans was developed. Praying the rosary connects us with God in the present moment engaging our bodies as well as our spirits as we attune our hearts to listen to God's Word and receive inspiration. It is another tool to aid us in our prayer life.



If you are interested in learning more, please pick up *The Anglican Rosary*. This document is available on the table as you come into or leave the Sanctuary.

## **Vestry & Officers of the Parish**

Senior Warden: Elizabeth Barratt

Junior Warden: Art Brost

Treasurer: Monica Nathan

Clerk: Elizabeth Barratt

Margee Bennett

Jean Givetz

Chibby Ogbuka

Carl Patience

## **Ministry Directors**

Director of Readers: Monica Nathan

Director of Ushers: Chibby Ogbuka

Director of Acolytes: Art Brost

Altar Guild: Alice Bowhay, Jean Givetz, Gail

Strandberg, Marti Myszak, and Margee Bennett

Weddings: Margee Bennett and Cynthia Brown

Historians/Archivists: Richard & Elizabeth Barratt



## **ST. JOHN'S CHAPEL**

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